**PROGRAM DESCRIPTIONS:**

**Bumbles (30-45 minutes):** Bumbles the Magic Bumblebee teaches children about the following topics: their bodies are special and belong to them, good and bad touches, identifying safe adults; as well as good and bad secrets. Bumbles also uses an interactive song to recapture all the different topics discussed.

**WHO (30-45 minutes):** Students will learn behaviors and strategies for staying safe at home and in the community. WHO teaches children to know, say, and use certain skills to avoid and reduce dangerous and/or hurtful situations such as bullying, child and/or sexual abuse.

**Real Kids Getting Real (3 part series):** This series teaches middle school students to recognize how society impacts our relationships and the definition of relationship violence, while at the same time providing curriculum-based, age-appropriate activities and information that encourage students to form healthy relationships, respecting themselves and others.

**5S Program (1 to 3 part series):** This program focuses on teaching students and parents about: planning and decision making, choices and consequences, resistance skills, peer pressure, self-esteem, goal setting, peaceful conflict resolution, communication, boundaries and respect.

**Expect Respect (3 part series):** Expect Respect is a program for preventing teen dating violence and promoting safe and healthy relationships in high school. It consists of three parts: socialization, relationship violence, and communication/boundaries.

**In Their Shoes (1–1.5 hour):** A scenario-based training designed to help participants learn what dating is like for today’s teen - from their perspective. This is intended for adults who interact with teens as well as teens themselves. It provides a snapshot of unhealthy teen relationships and generates a thoughtful discussion about how adults and teens may better understand teen dating violence.

**Hip Hop: Beyond Beats and Rhymes (1–1.5 hour):** The documentary based program explores the issues of masculinity, violence, hip hop music, gender stereotypes, and culture through interviews with artists, academics, and fans.

**Killing Us Softly (1-1.5 hour):** The documentary based program provides a critical analysis of the advertising industry’s effect on the image of women and femininity, and the unrealistic portrayals of beauty, perfection and sexuality it presents to young women and girls.

**Tough Guise (1.5–2 hour):** The documentary based program examines the relationship between media and the idea of masculinity, violence, and what it means for young boys.

**The Dating Game (1-1.5 hour):** The dating game activity points out to youth that we are influenced by a variety of messages regarding personal interactions, and we bring those attitudes and behaviors into our relationships.

**Relationship Violence 101 (1 to 4 hour):** This program examines and discusses a wide variety of information relating to relationship violence. Educating the community on the following subjects: types of abuse, facts/figures, what the law says, myths/facts, red flags/warning signs, effects of relationship violence and more.

**The Clothesline Project:** The Clothesline Project (CLP) is a program started to address the issue of violence against girls/women. It is a vehicle for girls/women affected by violence to express their emotions by decorating a shirt. They then hang the shirt on a clothesline to be viewed by others as testimony to the problem of violence against girls/women. This program can be geared toward both girls and boys.

**Coaching Boys into Men:** The Coaching Boys into Men leadership program equips athletic coaches with strategies, scenarios, and resources needed to build attitudes and behaviors that prevent relationship abuse, harassment, and sexual assault.